

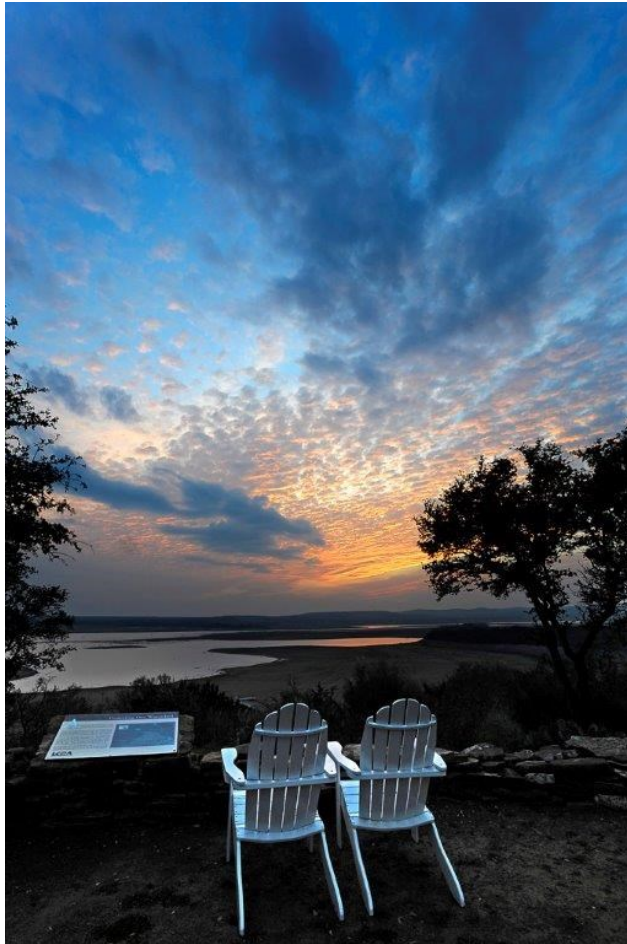


*Wellness Retreats at Canyon of the Eagles Nature Park*

*Where nature is the best healer*



## PAUSE. BREATHE. LISTEN.



Are you looking for somewhere unique and special for your Retreat? A piece of tranquility awaits you here in Texas. At the end of the road where unspoiled wilderness overlooks Lake Buchanan, lies Canyon of the Eagles Nature Park & Resort. Our Resort, nestled within 940 acres of nature park, promises picturesque views, spectacular sunsets and tranquility. immersed in natural and authentic surroundings.

The moment you drive through our gate, you are surrounded by nature. It is impossible not to slow down, as you escape from your busy lifestyle and become mindful of birdsong and the sound of bees. Stopping to listen to the nature that surrounds us, is something most of us simply don't pause for a minute to do.

In just under an hour from North Austin, you can be in the heart of the hill country, enjoying our Yoga and Meditation Classes, Yoga Hikes, Massage, and our well appointed 62 hotel style guestrooms with shady porches and rocking chairs.

Canyon of the Eagles is a complete destination for Retreats. We not only provide the space and professional services for successful events, but also the environment to regenerate, revitalize and reconnect. It's time to breathe again.

*Where the road ends, the adventure begins...*



## ACCOMMODATIONS

With guest facilities specifically designed for sustainable and outdoor experiences, Canyon of the Eagles offers a selection of lodging options, each appointed in a unrivaled tapestry of rustic ambience.

### **GUESTROOMS**

Relax in one of our 62 guestrooms perfect for groups on a quest for a weekend escape or privacy. All guest rooms come furnished with sustainable amenities and porches with rocking and sitting chairs.





## WELLNESS ACTIVITIES



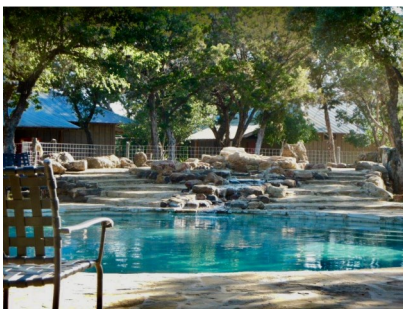
**Group Yoga Classes (Lake view or Woodland):** Restorative and relaxing. The classes are gentle and are geared to open the energy pathways of the body, relaxing the entire nervous system, and calming the mind. All levels welcome.

**Group Meditation Classes:** This class focuses on one's breathing, and facilitates healing and the return of balance and harmony to the body, mind, and spirit. Meditation is a precise technique for resting and clearing the mind and promoting great relaxation.



**Group Yoga/Hikes:** Incorporating the benefits of Yoga and Hiking, in a two hour journey along our most picturesque nature trails. After an invigorating incline to the peak of our park, overlooking the lake, you will stop to take in the views while you practice some yoga movements.

**Massage:** Our Therapists offer Deep Tissue Massage and Swedish Massage in the comfort of your guest room. Booking required in advance.



**Guided Nature Walk:** Our Nature Guide offers private group nature walks on some of our most beautiful trails. The walk is both fun and educational.

**Guided Night Walk:** A walk along our trails at night gives guests a different perspective, listen for the sounds of nature as you are led by our Nature Guide.

**Outdoor Pool:** Our pool is not heated, but in Texas, it doesn't need to be! A dip in cool water is the perfect ending to a wonderful day of hiking, yoga and meditation.



## MORE OUTDOOR ACTIVITIES

At Canyon of the Eagles, every season serves up an endless array of memorable adventures for everyone, from outdoor educational programs to stargazing. With over 14 miles\* of hiking and biking trails to explore our stunning landscapes, the activities are endless. Our Eagle Eye Observatory and our trails are complimentary to resort guests and private tours and talks can be arranged. Private group activities also include the following:

- Educational & Interpretive Programs
- Eagle Eye Observatory
- Observation Cruises
- Photography & Wildlife Observation
- Private Blind—Photography & Observation
- Kayak Rentals
- Private Shake, Rattle, & Coil
- Private Customized Program
- Labyrinth by the Lake



*\* Some of the preserve trails are unavailable from March through August for the nesting of our endangered birds.*



## DINING AT CANYON OF THE EAGLES



### **OVERLOOK RESTAURANT**

Inspired by our Texas heritage, the Chef at Canyon of the Eagles creates world-class cuisine that articulately blends the most sophisticated culinary techniques with the freshest produce and ingredients available.

Our Vegan and Vegetarian guests are treated to some delicious creations and all dietary requirements can be catered for. The exterior Overlook deck offers outside dining with a perfect view of the lake and can accommodate groups of up to 25 people.



### **EAGLES NEST LOUNGE**

The perfect gathering place with a casual dining menu, the Eagles Nest has a covered porch with rocking chairs and is the perfect location to enjoy spectacular sunsets, distant thunderstorms and surrounding views.

During the colder months of the year, one can enjoy sitting around a roaring fire in both the restaurant and lounge.



## OUR LOCATION

Canyon of the Eagles is located just 60 minutes northwest of Austin, 90 minutes northwest of San Antonio, 2.5 hours southwest of Dallas, and 3.5 hours west of Houston. Located in the Highland Lakes Upper Region on Lake Buchanan and situated in the most desirable county in Texas, our nature-based resort is uniquely nestled within 940 acres of Texas Hill Country preserved land.

### REGIONAL CITIES/AIRPORTS

**Burnet, TX:** 20 miles; 20 minutes

**Dallas, TX (DFW):** 128 miles; 2.5 hours

**Killeen, TX (GRK):** 60 miles; 1.15 hours

**Austin, TX (ABIA):** 80 miles; 1.30 hours

**San Antonio TX (SAT):** 110 miles; 2 hours

**Houston, TX:** 229 miles; 3.30hours

### BURNET MUNICIPAL AIRPORT

Burnet Municipal Airport has a 5,000 ft. lighted runway with a full length taxiway, which can accommodate private aircraft and corporate jets. Also, available are two (2) instrument approaches, as well as, Avgas and jet fuel.

*No landing fee, parking fee, or short-term tie down fee. Space is available for 56 tie downs on paved parking. Rental for T-hangers and Sun Shelters are available. Call for reservation 512.756.6093, Ext 3217.*



## *The Nature That Surrounds Us*

Spend an hour, day or week, hiking our miles of designated trails - all in a natural sanctuary geared for all ages and abilities. Observe wildlife, stargaze at our popular Eagle Eye Observatory and lose yourself with an experience of ultimate relaxation and rejuvenation.

The prosperity of the park attracts many seasonal guests. The endangered Bald Eagle resides here from fall to early spring. They can be seen perched along the shoreline or gliding on the wind, joining native vultures and red-tailed Hawks in the hunt for prey.

Experience one of nature's miracles at our Monarch Waystation and view the Monarch Butterflies as they rest here during their migration in April and October. The Waystation is situated behind our Labyrinth, a space for contemplation and appreciation of nature.

As the temperature warms, our resident celebrities, the Black-Capped Vireo and Golden-Cheeked Warbler return to nest. The Resort sponsors several "birding" expeditions into their restricted sanctuary. Painted Buntings can also be found in the Park during this time. Their colored plumes compete with spring wildflowers. Our year-round residents include the graceful white-tailed deer, and endearing Texas armadillos, Road Runners, Rabbits, as well as Feral Hogs, Bobcats, Owls, and more!

